



# Mustapha Ali Rkein

Lebanon - Beirut - Aramoun

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## **Personal statement:**

Head of a family consisting of a wife and two children,

A nurse who is uniquely qualified and experienced in the early detection and treatment of health problems.

Possesses all necessary qualifications for professional nursing practice and is more than capable of providing a high standard of individualized care to those they care for, can be relied upon to always apply evidence-based knowledge to obtain results and achieve best practice.

## **Areas of expertise**

### **Nursing:**

1. Plan and complete duties with minimal direction from superiors, colleagues, or managers.
2. Provide effective leadership and clear direction to junior staff in the absence of senior staff.
3. An in-depth understanding of how the nursing world works and how hospital departments operate.
4. Writing reports and presenting results in a professional manner to the public and individuals.
5. Carrying out home visits to patients in order to give medication, advise and provide support.
6. Maintaining the accuracy of paper and computerized medical records and ensuring their confidentiality at all times.
7. Able to act as an ambassador and public relations representative for the hospital in meetings and events.
8. I have worked with diverse populations, communities and organizations in a wide range of settings.
9. Reading and interpreting medical reports and then drawing correct and logical conclusions from them.
10. Maintaining the security of medical supplies such as controlled drugs and medical equipment.
11. The ability to develop positive working relationships with colleagues, patients, and other healthcare professionals.

☐ **Training:**

1. Training of hospital workers in their various specializations (nursing, doctors, therapists and administrators...).
2. Special training.
3. The ability to interact with trainees in various fields.

☐ **Personal:**

1. Willing to take responsibility, carry out tasks and make sure things are done right.
2. He always maintains his neat and detailed dress, presentable appearance, and professionalism in all areas of work.
3. The ability to work effectively, productively and calmly in emergencies and under extreme pressure.
4. Using tact and diplomacy to defuse emotionally charged or highly tense situations.

## **Practical experiences**

### **2018 - To date**

**Nursing Supervisor** – Shifaa Specialty Hospital.

**Head of Electroconvulsive Therapy Department** - Shifaa Specialty Hospital.

**Nursing Training Coordinator** - Shifaa Specialty Hospital.

### **2022 - To date**

**Development and Training Consultant** - Fakhri Hospital.

### **2022 - To date**

**Director of BE PRO Company for Training and Consulting** - BE PRO Company for Training and Consulting

### **2017 - 2019**

**Registered Nurse in the medical and Surgical Department** - Salah Ghandour Hospital.

### **2015-2018**

**Director of Nursing** - Jwaja Care Hospital for Mental Health and Addiction Treatment.

### **2013 - 2017**

**Registered nurse and shift officer in the Burn department, Intensive Care Unit and Emergency department** – Nabih Berri University Governmental Hospital.

### **2007 - 2013**

**First Aid Officer** - Civil Defense, Islamic Health Association.

## **Education**

**2022**

**Professional Doctorate in Hospital Administration** - Dalton Private University, UK .

**2021-2022**

**Healthcare Management and Quality Diploma (HCMQ)** - Gates Group.

**2012-2013**

**Technical License** - Career Center for the Arts.

**A graduate research project entitled "The Unity of the Elderly in His Old Age".**

**2009-2012**

**Technical Excellence** - New International Career Institute.

**2006-2009**

**Technical Baccalaureate** - Martyr Hisham Fahs Technical Institute.

## **Skills**

- Computer skills (Word, Excel, Power Point..).
- Leadership and management.
- Communication skills.
- A knack for collaboration.
- Problem-solving capabilities.
- Verbal and presentation skills.
- The art of self-motivation.
- Time management.

## **Activities**

BE PRO Company for Training and Consulting

**2022 - To date**

**Founder and director of a private institution for training and consulting.**

**2021**

**An international consultant in drug, addiction and psychology counseling**

Smart Expert International, Cambridge, UK.

**2021**

**An international consultant in training, education and hospital management**

Smart Expert International, Cambridge, UK.

Order of Nurses in Lebanon

**2012 - To date**

**Affiliation number: 10496**

## **Admonitions**

**2022**

**Honorary Doctorate in Human and Self-Development - DELLFORD University.**

**2021**

**Participation in the fight against COVID-19 - Shifaa Specialty Hospital.**

**2021**

**Follow-up of the Covid-19 epidemic file in 2021 - Shifaa Specialty Hospital.**

**2017**

**Preparing a guide for psychiatric medications - Jwaya Care Hospital.**

**2016**

**Training students of the Faculty of Nursing at the Islamic University - Tyre - Jwaya Care Hospital.**

**2014**

**Translation and preparation of a book for burnt children - Nabih Berri University Governmental Hospital.**

## **Committees**

**2015-2017**

**Occupational Health, Safety and Infection Control Committee - Jwaya Care Hospital.**

**2015-2017**

**Quality Committee - Jwaya Care Hospital.**

**2013-2017**

**Patient Education and Guidance Committee - Nabih Berri University Governmental Hospital.**

## **Courses**

**2023**

**ACLS Instructor** – DARAJAT Academy.

**2021**

**ERTC (Emergency Room Incident Management Course)** - Sheikh Ragheb Harb University Hospital - International Committee of the Red Cross.

**2021**

**ACLS** - Medtigo medical education.

**2021**

**ACLS** - Shifaa Specialty Hospital.

**2021**

**Managing opioid practices** - Medtigo's medical education.

**2021**

**Training of Trainers (TOT) Course** - International Academy for Capacity Building IABC.

**2021**

**Cognitive-behavioral therapy (CBT) for PTSD patients** - International Academy for Capacity Building IABC.

**2021**

**NLP Neuro-Linguistic Programming - Level 3** - International Academy for Capacity Building IABC.

**2020**

**Emotional Crisis Management (TOT)** - National Mental Health Program - Ministry of Public Health - World Health Organization.

**2020**

**Patients' Quality Rights** - National Mental Health Program - Ministry of Public Health - World Health Organization.

**2020**

**Dealing with Coronavirus and Infection Control in Hospitals (TOT)** - Order of Nurses in Lebanon.

**2019**

**ACLS** –Saint George's University Hospital.

**2018-2019**

**Psychiatric Nurse Diploma** - Saint Joseph University.

**2018-2019**

**Addiction Brief Intervention** - Skoun Association.

**2016**

**Management of psychological emergencies in emergency departments** - National Mental Health Program - Ministry of Public Health - World Health Organization.

**2013-2016**

**BLS, ACLS** - Nabatieh Governmental Hospital, Jwaya Care Hospital and Shifaa Specialty Hospital.

**2013-2016**

**Electrocardiography and cardiology** - Nabih Berri University Governmental Hospital.

**2015**

**ATLS, ATCN** - AUBMC

## **Outdoor activities**

**2020**

**Traveling to several countries (Nigeria, Dubai, Paris and Qatar) to keep pace with the arrival of Lebanese expatriates due to the Corona pandemic** - Ministry of Public Health.

## **Giving lectures**

**2023**

**The impact of training in achieving a balance between practical and personal life** - the first conference of the Lebanese trainer - IDAS.

**2023**

**Training between need and desire (the impact of self-development on productivity and creativity)** - The Second International Training Conference - IDAS.

**2022**

**Preparation of trainers in the field of mental health awareness (officers of the Internal Security Forces)** - Tyre Brigade in the Internal Security Forces.

**2022–2023**

**Diploma in Nursing specialized in the field of mental health** - Fakhri Hospital.

**2022– To date**

**Psychological First Aid** - International Academy for Capacity Building IABC - BE PRO Company for Training and Consulting.

**2022– To date**

**TOT Training of Trainers** - BE PRO Company for Training and Consulting.

**2021 - To date**

**The art of self-motivation** - International Academy for Capacity Building IABC.

**2021 - To date**

**Electronic Addiction** - International Academy for Capacity Building IABC.

**2021-2022**

**Management and Leadership** - Shifaa Specialty Hospital.

**2020-2022**

**Dealing with the Corona virus and infection control in hospitals** - Shifaa Specialty Hospital.

**2020 - To date**

**BLS (BASIC LIFE SUPPORT)** - Shifaa Specialty Hospital.

**2019 - To date**

**ECM (Emotional Crisis Management)** - Shifaa Specialty Hospital.

**2018 - To date**

**ECT (Electroconvulsive Therapy)** - Shifaa Specialty Hospital.

**2017-2022**

**Occupational Health, Safety and Infection Control** - Jwya Care Hospital, Shifaa Specialty Hospital.

**2017-2022**

**Management and Leadership** - Jwya Care Hospital, Shifaa Specialty Hospital.

**2016 - To date**

**Time Management** - Jwya Care Hospital, Shifaa Specialty Hospital.

## **Languages**

- **Arabic** - Fluent.
- **English** - good.
- **French** - acceptable.